

Tuesday Newsday

Your PTC Newsletter January 26, 2010

Sexton Mountain Elementary
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Effective Parenting Of Middle School Youth

Offered by Youth Contact
Washington County Commission on Children & Families

February 2nd – March 9th
Tuesdays from 6:30 – 8:30 PM
FIVE OAKS MIDDLE SCHOOL
1600 NW 173rd Avenue
Beaverton, OR 97006

Conducted by
Maureen Wilson, M.S.

Take this opportunity to:

- Learn how to provide structure at home to support youth's success at school
- Learn how to bridge communication with the school to foster mutual support
- Learn about brain development and discuss the transition into middle school and the teen years
- Learn how to establish respect and maintain healthy boundaries
- Learn effective ways of discipline and implementing consequences
- Learn how to identify and reinforce positive social influences
- Plus further discussion on hot topics like: alcohol & drugs, sex, gangs, internet safety

To register, please contact:
Hillsboro Family Resource Center at (503) 844-1688
Monday – Thursday
Cost: Free! Snacks will be provided
*Please note: there will be no childcare offered for this class.

Upcoming Events

February 1	Assessment Day NO STUDENTS
February 2	Site Council Mtg 3:15 pm PTC Meeting 6:30 pm
February 8	LSC Meeting 9:00 am
February 12	Valentine's Day Parties
February 15	President's Day NO SCHOOL

Hope for Haiti

At Sexton Mountain

This week, Sexton Mountain is collecting coins and cash to support Mercy Corps and their efforts toward Haitian earthquake relief. Students can bring donations to their classrooms now through Friday January 29th.

Several students have expressed their desire to help and currently the greatest need is for cash donations. 100% of all monies collected will be donated to Mercy Corps in the name of the students and staff of Sexton Mountain.

Thank you to everyone for your support of Mercy Corps efforts.

Every Tuesday and Thursday at 8:45am, Sexton Mountain parents are invited to workout in the cafeteria to a variety of "Biggest Loser" DVDs that will be shown on the big screen. All you need is a workout mat, hand weights and a little motivation! The Biggest Loser DVD's will be in a weekly rotation, with the February schedule as follows:

Feb. 2nd & 4th: Biggest Loser Bootcamp
Feb 16th & 18th: Biggest Loser Yoga

Feb 9th & 11th: Biggest Loser Cardio Max
Feb 23rd & 25th: Biggest Loser Bootcamp

Hope to see you there!

Mr. Parker would like to thank the following people for their generous (and tax deductible) donations of music instruments to be used by the students of our school:

Mrs. Stratton

Jacob, Renee, & Nathan Irish

Chris, Shawan, & Doreen Blanchard

Popcorn Friday Volunteers needed!

If you are interested in volunteering one Friday per month from 8:30am - 11am, please contact Yvette McColl for more information at ymccoll@yahoo.com

Planning Ahead

For those of you who make plans in advance, the District has announced the dates of our Winter and Spring Breaks for the 2010 - 2011 school year.

Winter Break: Dec. 20 - Dec. 31, 2010

Spring Break: March 21 - March 25, 2011

The remainder of the 2010-2011 calendar has not been finalized and is pending approval later this year.

If you have an announcement you'd like to share with the Sexton Mountain Community, please submit your article to the Tuesday Newsday editor at tuesdaynewsday@sextonmountainptc.org by 12PM on Friday. All articles are subject to PTC and administration approval.

Visit the PTC website at www.sextonmountainptc.org

A Note From Don Martin

Today marks three weeks since I had knee replacement surgery. It was originally scheduled for later in the year, however, there was a cancellation and it seemed appropriate to have it done sooner rather than later. I'd like to say it's been fun staying home, but you can only read so many books and daytime TV is not my cup of tea. Even though the knee limits my activities right now, the book I'm currently reading is providing opportunities to increase vocabulary and keep my mind active. My recovery seems slow to me, but the doctor and the physical therapist tell me I'm doing great. The staples came out yesterday.

I miss the daily interactions with students, staff and parents and look forward to returning soon. It is reassuring to know that everything is going well, because of our talented and dedicated staff. I appreciate Dave Robinson's leadership and the support he is receiving from Mrs. Z and the rest of the staff.

It has been nice to hear from many of you. I appreciate all of the support and encouragement that has been given to me by students, staff and parents. I especially enjoyed reading the get well cards from students. I'm hoping to try driving soon, and when I get back behind the wheel I'll stop by school for a visit.

5th Grade Parent Night at Highland Park

Thursday, January 28th at 6:30 PM Highland Park Middle School will host an informational meeting for the parents of next fall's incoming 6th graders (our current 5th graders). This is a meeting designed to give parents a glimpse of Middle School and what to expect for their students next year. The meeting will be held in the Highland Park Cafeteria.

If you have any questions, please call Highland Park at 503-672-3640. Highland Park Middle School is located at 7000 SW Wilson Ave. Beaverton.